

# Radiation Therapy

And some new magnet developments

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# Introduction



# **Radiation Therapy**



- Three-dimensional conformal radiotherapy, 3D CRT
- 3D CRT is a photon-based treatment that uses 3D medical images to precisely define the tumour target. The radiation dose is then shaped to match the shape of the tumour by delivering X-ray beams from many directions.
- Intensity-modulated radiotherapy, IMRT
- IMRT is a type of conformal radiotherapy in which not only the shape, but also the intensity profile, of each treatment beam is varied to precisely target the tumour.
- Volumetric modulated arc therapy, VMAT
- With VMAT, the linear accelerator that delivers the radiation beam rotates around the patient during treatment. The shape and intensity of the X-ray beam are continuously controlled as it moves around the body.
- Stereotactic body radiotherapy, SBRT
- Stereotactic radiotherapy uses high radiation doses to treat tumours in the brain and central nervous system in one or just a
  few treatments. SBRT is similar but refers to treatment of tumours elsewhere in the body.
- Intensity-modulated proton therapy, IMPT
- IMPT is a proton therapy technique in which scanned proton pencil beams of variable energy and intensity are used to precisely paint the radiation dose onto a tumour.
- Proton arc therapy, PAT
- With PAT, the proton beams are delivered continuously as the gantry rotates around the patient. During this rotation, the beam energy and intensity are adjusted to match the dose to the target volume

« Conventional » radiation therapy vs. hadrontherapy

- Most conventional radiation therapy and arc therapy systems use xrays for cancer treatment
  - Dose is not delivered to tissues by the photons themselves, but rather through secondary electrons produced by 3 mechanisms



*lba* 

« Conventional » radiation therapy vs. hadrontherapy

- Results in:
  - Some electron buildup
  - A decrease in photon intensity following a superimposition of decreasing exponentials

=> dose builds-up and then ~exponentially decreases with depth once electron equilibrium is reached



Image: http://radiologykey.com/radiation-oncology/

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« Conventional » radiation therapy vs. hadrontherapy



Instead, hadrons lose their energy in matter according to Bethe-Bloch formula: Shell correction

$$-\frac{dE}{dx} = 2\pi N_A r_e^2 m_e c^2 \rho \frac{Z}{A} \frac{z^2}{\beta^2} \left[ \ln\left(\frac{2m_e \gamma^2 v^2 W_{max}}{I^2}\right) - 2\beta^2 - \delta^2 - 2\frac{C}{Z} \right]$$
  
Density correction

Where

$$W_{max} = \frac{2m_e c^2 \beta^2 \gamma^2}{1 + 2\frac{m_e}{M} \sqrt{1 + \left(\frac{m_e}{M}\right)^2} + \beta^2 \gamma^2}} \approx 2m_e c^2 \beta^2 \gamma^2 \text{ is head-on collision energy transfer}$$
  
And 
$$I(eV) = Z \left(12 + \frac{7}{Z}\right) \quad \text{for } Z < 13$$
$$I(eV) = Z(9.76 + 58.8Z^{-1.19}) \text{ for } Z \ge 13 \text{ is the average ionization potential of the absorber}$$

And  

$$Z \to Z_{eff} = \sum a_i Z_i$$

$$A \to A_{eff} = \sum a_i A_i$$

$$\ln(I) \to \ln(I_{eff}) = \sum \frac{a_i Z_i \ln(I_i)}{Z_{eff}}$$

$$\delta \to \delta_{eff} = \sum \frac{a_i Z_i \delta_i}{Z_{eff}}$$

$$C \to C_{eff} = \sum a_i C_i$$
Compound materials

« Conventional » radiation therapy vs. hadrontherapy





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# Dose and conformality





- Hadrons offer the following advantages:
  - Little radiation upfront the tumor
  - No/little radiation at all beyond the tumor
  - => Lower integral dose per treatment
- Leading to potential clinical advantages:
  - Up to 50% reduced risk of radiationinduced secondary cancer
  - Drastically lower risk of adverse effects (treatment toxicity, side effects, growth abnormality) – better quality of life

# Benefits in practice: left breast cancer patients





Photons

Protons

Courtesy of Seattle Cancer Care Alliance Proton Therapy Center – Locally Advanced Stage III Breast Cancer

# Benefits in practice: head and neck patient



Reminder: a Gray is a measure of absorbed radiation dose. 1Gy = 1J/kg

Photons excess Up to 25 Gy

Courtesy of Dr Nancy Lee, MSKCC

What unnecessary radiation means for the patient



Courtesy of Dr Steven Frank, MD Anderson Cancer Center



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# Benefits in practice: pediatric patient





# Photons



Courtesy of Seattle Cancer Care Alliance Proton Therapy Center - Medulloblastoma

### Pediatric medduloblastoma – Side effects



**Photons** 

60%

75%

31%

100%

28.5%

25%

		Side Effects	Protons
3D CRT	Proton Therapy	Restrictive Lung Disease	0%
		Reduced exercise capability	0%
		Abnormal EKGs	0%
		Growth abnormality	20%
	Market Contraction	IQ drop of 10 points at 6 yrs	1.6%
		Risk of IQ score < 90	15%

# Proton equipment example: IBA ProteusONE (360 m<sup>2</sup>)



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# Proton Therapy is growing but remains a small fraction of RT



\* PTCOG 2020 Data including centers with eye treatments only

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# Protons are good - How heavy should we go?





- For the same range, heavier and/or more charged particles need higher entrance energy
  - Straggling is reduced => sharper knife
  - LET is higher => Biological effect is usually enhanced



Ugo Amaldi and Gerhard Kraft - Radiotherapy with beams of carbon ions <u>Reports on Progress in Physics</u>, <u>Volume 68</u>, <u>Number 8</u> Published 11 July 2005 • 2005 IOP Publishing Ltd

# How heavy should we go?

#### **RBE** and **OER**

Relative biological effectiveness (RBE) and oxygen enhancement ratio (OER) of various radiation types



RBE represents the biological effectiveness of radiation in the living body. The larger the RBE, the greater the therapeutic effect on the cancer lesion. OER represents the degree of sensitivity of hypoxic cancer cells to radiation. The smaller the OER, the more effective the therapy for intractablecancer cells with low oxygen concentration.

#### A. Sessler, Cyclotrons'10 http://accelconf.web.cern.ch/Accelconf/Cyclotrons2010/talks/frm1cio02\_talk.pdf



## But

- You want to avoid killing upstream cells
- Fractionation problem



Ugo Amaldi and Gerhard Kraft - Radiotherapy with beams of carbon ions <u>Reports on Progress in Physics, Volume 68, Number 8</u> Published 11 July 2005 • 2005 IOP Publishing Ltd



# Carbon & Heavy Ion examples: HIMAC and HIT (CNAO ring 25m dia.)





# DynamicARC<sup>®</sup> maximises conformal delivery





### What is FLASH Radiation and why is it Important in Radiation Oncology ?



FLASH radiation is dose delivery at ultrahigh dose-rate above 40Gy/s (>1000 fold faster than Conv. RT) FLASH RT is less toxic to normal

tissues while being as effective (or, more effective) to tumor tissue.

Clinical Proton machines already enable FLASH studies! Substantial technical challenges to overcome for photon machines.

**ConformalFLASH®** is the next evolution in FLASH Therapy: Combines the biological tissue sparing effects of FLASH with physics sparing effects of Proton Bragg Peak.

#### Shoot Through FLASH



ConformalFLASH® is a registered brand of the IBA Proton Therapy solutions currently under research and development phase.

# Some current challenges, in a nutshell



- Treatment cost (planification, number of fraction, positioning)
- Equipment cost (initial equipment cost + operation and maintenance + dismantling + sustainability and CSR)
- Make it even better / deal with uncertainties
  - Motion management
  - Arc-flash: improve speed and dose rate



### How to tackle

## Clinical side

• NTCP model-based clinical decisions

- Equipment design
  - Improve imaging capabilitites (to enable new functionalities)
  - Decrease footprint
  - Integrate Arc
  - Enable Flash (energy degradation vs. transmission vs. duty cycle)

Keep in mind: small series vs. cost

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# On the clinical side



NTCP and model-based approach

## **Clinical Evidence Generation**

- Problem with RCT
  - Long latency times

Gold standard Evidence-based medicine



 Randomised controlled trials are considered the "holy grail" of evidence-based medicine



Courtesy Prof J.Langendijk UMCG



Courtesy Prof J.Langendijk UMCG

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Problem of Equipoise



- No reimbursement for experimental arms
  - Total costs for well powered study > M€ 7-10
  - Most new radiation techniques aiming at reduction of side effects clinically introduced without RCT's
- Fast evolving technology

Cumulative cost of care

# And then, there's the cost



MD Anderson pilot study:

- 25 patients with IMPT (2011-2012)
- 25 patients with IMRT (2000-2009)
- Case matched based on:
  - Unilateral vs bilateral
  - Tonsil vs base of tongue
  - T and N stage
  - Concurrent and induction chemo
  - Smoking status
  - Sex
  - Age



#### Courtesy of Dr Steven Frank, MD Anderson Cancer Center

Total cost of patient care

# Model-based approach: 4 steps (3+1)

- 1. Development and validation of Normal Tissue Complication Probability (NTCP) models
- 2. Individual planning comparative studies
  - Using DVH parameters of NTCP models
- 3. Estimation of the potential benefit and treatment selection
  - integrating step 1 and 2
- 4. Clinical validation:

(RCT's)

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Not required for selection

Sequential prospective cohort studies with standard follow up programs



Courtesy Prof J.Langendijk UMCG

# **Model-based selection**

Protons



## Step 2: Plan comparison to determine **ADose**



■VMAT ■IMPT

# **Model-based selection**



### **Step 3: Relevance and selection - Translate \triangleDOSE in to \triangleNTCP-model**



Langendijk et al., Radiother Oncol 2013

# $\triangle$ **NTCP variation**

### Translate △DOSE in to △NTCP-model 50 patients wit OPC comparing IMRT versus IMPT



## Threshold for selection for proton therapy:

• Grade III or higher side effects: 5%

# Non-exhaustive review of projects where magnets play an essential role

Improve imaging capabilities

Decrease footprint and Total cost of ownership

Enable Arc and Flash



# Imaging: About MR-Linac (Xrays)



Technical complexity

MRI magnet stray field

(+interaction with vault => linac disturbance)

- Linac RF power, presence of magnets, pulsed beam
- Radiation window

#### Solutions in Philips+Elekta Unity

- Magnetic shields
- Move MRI service turret
- Standard of care 1.5 T MRI (NbTi)



 $\begin{array}{c|c} z & Radiation & \vec{B} \\ \hline Field & \vec{B} \\ \hline Water & & & & \\ \hline Air & & & & \\ \hline Water & & & & \\ \hline Water & & & & \\ \hline 10 em & & & \\ \hline \end{array}$ 

(a) Simulation Setup.



Lina

## MR-Linac: other systems







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Viewray:

fully split (radiation window), 0.35 T, • optimized shielding

MagnetX

- 0.5 T magnet by ASG/Paramed ٠
- based on MROpen MgB2 design •

J. Overweg – ISMRM Virtual Study Group 20190926

# Imaging: towards MR-PT







In-beam MRI scanner in RF cabin

B. Raaijmakers et al. Phys med Biol 53-20 p5615

A. Hoffmann et al. - Radiation Oncology, 2020 (DOI: <u>10.1186/s13014-020-01571-x</u>)

S. Gantz et al. - Physics in Medicine & Biology, 2020 (DOI: 10.1088/1361-6560/abb16f)





Issues with MR-Linac even more complicated

- Higher field beam line magnets
- Need for more transparent radiation window
- Beam deflection in MR field

#### Advantages vs. RT

No electron equilibrium dose distribution impact

#### Game-changer

Did one actually see the beam?

S. M. Schellhammer et al. - *Physics in Medicine and Biology*, 2018 (DOI: <u>10.1088/1361-6560/aaece8</u>)

B. G. Fallone: The rotating biplanar linac-magnetic resonance imaging system, in *Seminars in Radiation Oncology*, 2014 (DOI: <u>10.1016/j.semradonc.2014.02.011</u>)

# Scanning magnets (and gantry)



	Conventional systems	Proposed systems
Scanning magnet	2 independent units	1 combined unit (in both
	(in horizontal and	directions)
	vertical directions)	
Distance from irradiation	about 3 meters	about 1 meter
system to irradiation position		
Size of the treatment system	Height: about 10 meters	Height: about 4 meters
	Weight: about 200 tons	Weight: about 20 tons



Interesting announcement from Bdot medical (QST/ NIRS startup targeting very compact system)

- Combined XY magnet (what about power)
- Gantry to come

#### But keep SAD in mind

https://www.businesswire.com/news/home/20211024005051/en/Sumitomo-Heavy-Industries-Succeeds-in-Developing-a-Superconducting-Cyclotron-for-Proton-Therapy

# Gantry and beam line - PSI



Increasing the field with SC magnets does not result in dramatic deduction in gantry size. But benefits can be found elsewhere:

 Changing the energy quickly is an enabler for flash. If the gantry is achromatic over a wide momentum range, then the beam line is no bottleneck anymore for speed

#### Main features

- Degrader in the gantry
- Nb3Sn achromatic magnet structure
  - +/-15% momentum aceptance
  - lighter, some size reduction
- Multipole-optimized magnets

K. P. Nesteruk et al. - arXiv:1901.01821v1 [physics.med-ph] 7 Jan 2019

Public

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# Gantry and beam line - LBNL





Similar concept to PSI

- SC dipoles at 3-3.5 T to keep size
- A compromise: fixed field dipoles, ramped quads
- About 3.5 m radius => similar to current commercial gantries
- Compact size along axis (3.4m)

Bear in mind:

- In an IBA Proteus One, the last magnet is a large gap (20 cm GFR) 60° bending magnet that has about 100 kW of installed power, but uses only 5 kW on average
- Distal fall-off is a key clinical parameter, so is SAD too
- All in all, size does not change much anymore for proton gantries, so it is about total cost vs. functionality

L. Brouwer et al. - International Journal of Modern Physics A Vol. 34, No. 36 (2019) 1942023

# What if we get rid of the rotation? CERN's GaToroid







Toroidal magnet structures are developed for various applications (HEP, fusion, SMES...) and could also be used in radiotherapy, as proposed by L. Bottura

- Various toroid sizes and models are proposed
- Optics is being studied and shows
  - scanning (vector) magnet must be very accurate
  - Pseudo-achromatic beam line concept (constant field in toroid but matching optics at the entrance)
- Prototype coil under construction

NB: toroid bending magnets also proposed by MIT, but used in a different way

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# Cyclotrons - SHI announcement (Oct. 25, 2021)







Figure 5: Magnetic field map.  $R \le 630$  mm region was measured by Hall probes [5]. The outside region was obtained by 3D calculation [6].

Table 1: Main Design	Parameters of	of the SC	Cyclotron
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Description	Parameter	Unit
Particle species	Proton	
Energy	>230	MeV
Beam current (max.)	1000	nA
RMS emittance	~ 1	$\pi$ mm.mrad
RMS momentum spread	<0.1%	
Extraction efficiency	>70%	
Extraction radius	0.6	m
Average magnetic field	3.1-3.9	Т
Yoke size	φ2.8 m × 1.7	m
Yoke weight	65 t	t
Coil material	NbTi/Cu	
Stored energy	5.1	MJ
Magnetic induction	9.7 × 10 <sup>5</sup>	AT/coil
Main coil current	442	Α
Coil cooling time	14	days
Field ramp up time	<1.5	h
Quench recovery time	<24	h
RF frequency	95.2	MHz
Harmonic number	2	
Dee voltage	50-75	kV
RF wall loss	<120	kW

#### Features

- 40% reduction in magnet power from heir previous NC cyclo
- 65 tons isochronous cyclotron
- Iron-dominated

#### NB:

Magnetic field in isochronous cyclotrons has two main features: It follows the relativistic mass increase with radius and it uses strong focusing.

This combination prevents building cyclotrons much more compact than this machine, if one keeps a traditional iron-dominated structure: Iron pole would not generate enough "flutter" and pole spiralization becomes impractical

H. Tsutsui et al. doi:10.18429/JACoW-Cyclotrons2019-FRA02 <u>https://www.businesswire.com/news/home/20211024005051/en/Sumitomo-Heavy-</u> Industries-Succeeds-in-Developing-a-Superconducting-Cyclotron-for-Proton-Therapy

## Cyclotrons – Varian





In order to circumvent this, one can introduce "Flutter coils" which enhance the magnetic field difference between "hills" and "valleys".

Several patents on flutter coil exist and Varian conducted collaborations to propose such a design

- HTS main coil (Bi-2223)
- Flutter coils made out of BiSCCO tapes from Sumitomo

A Godeke et al 2020 Supercond. Sci. Technol. 33 064001

# Cyclotrons - Ironless





Magnetic Field coil

Field Shaping Coils

**Field Shielding Coils** 

High field isochronous cyclotrons offer little opportunities to scale the field, accelerating RF frequency or extract at various radii to change the energy

Synchrocyclotrons, on the other hand, use weak focusing and give up on isochronism. They therefore offer the opportunity to scale the field and vary the extracted energy

(this doesn't make them free of challenge)

The ironless synchrocyclotron concept:

- Up to 250 MeV
- Sealed NbTi CICC for improved ramp rate



# More compact Carbon systems – NIRS synchrotron







Figure 8: Schematic layout of the quantum scalpel (4th generation). An ion-source and an injector are omitted in this figure.



Figure 1: Schematic view of the quantum scalpel (5th generation). It consists of a laser-driven injector, a compact synchtroton and a rotating-gantry with superconducting magnets.



Figure 5: 3D image of the magnetic field distribution for the synchrotron superconducting magnet. A central dipole magnetic field is 3.5 T.

Growing experience in building gantry magnets, used to develop compact synchrotron concept

Several interesting features:

- Compact multipole magnets
- As efficient use of cryogenics as possible (reduction from gantry V1 to gantry V2)
- Reduction in size, carbon is now almost at the size of proton
- Multi-ions treatments are considered

Refer to the numerous articles and presentations made

Y. Abe et al. Proceedings of the 17th Annual Meeting of Particle Accelerator Society of Japan - September 2-4, 2020,
T. Fujimoto et al. Proceedings of the 16th Annual Meeting of Particle Accelerator Society of Japan - July 31-August 3, 2019, Kyoto, Japan Takayama et al. Proceedings of the 15th Annual Meeting of Particle Accelerator Society of Japan - August 7-10, 2018, Nagaoka, Japan T. Fujimoto et al. Proceedings of the 17th Annual Meeting of Particle Accelerator Society of Japan - September 2-4, 2020

# More compact Carbon systems – NHa cyclotron





ASCE	

Parameters	Value
Overall diameter (m)	6.6
Overall height (m)	3.4
Yoke weigth (tons)	694
Coil type	Superconducting, NbTi





#### Please note

- No flutter coils (3.5 T average field at extraction)
- Ease of operation
- High current expected

#### Current status

- Yoke being machined
- SCC manufacturing

#### Next steps

- Magnet commissioning
- Field mapping

Pictures courtesy of Normandy Hadrontherapy and Sigmaphi

# Conclusions



- Radiation therapy and especially proton therapy, is a moving field with several challenges
- Magnet technologies play a key role and there are several ongoing developments and novel concepts being explored
- These novel concepts are worth investigating...
- ... Because some may provide solutions to the current challenges
- ... But all of them must be assessed bearing constraints in mind
- These constraints and challenges are, for instance,
  - clinical environment (physical e.g. rotation, stray field and non-physical e.g. workflow, safety etc.)
  - integration of imaging and patient-related equipment
  - treatment quality (novel concepts must bring something new)
  - constraints of commercial systems (cost and ease of installation and operation, etc.)
  - CSR and environmental considerations (overall power consumption, dismantling, material of conflicts...)

To go further during this MT and learn about LBNL's achromatic gantry concept of CERN's

- plenary WED-PL2-02
- Oral session on medical applications THU-OR4-401
- Posters TUE-PO1-LN1-02

To learn about protontherapy

Campus • your proton therapy corr

https://www.campus-iba.com/

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